





BELIEVES

in the importance of providing infants and children with organic, natural, whole foods. We prepare and serve well-balanced healthy meals and snacks to all infants and children in our care.

We are proud to be a leader in the childcare industry and to participate in the larger effort to provide all children with nutritious and sustainable foods. Each center houses a restaurant-certified kitchen, providing ample space, equipment, and the necessary tools to create healthy and nutritious meals daily. Our commitment to childhood nutrition aligns perfectly with our vision and core value of Healthy &



Infant purees are 100% Certified Organic fruits and vegetables that are boiled and pureed on site. They never contain additives of any kind. Infants are also served certified organic fortified infant cereals and snacks. We serve this food to infants any time after 6 months of age when parents have initiated solid food at home and with parental approval to serve them here.

TODDLERS AND PRESCHOOLERS

Our toddler food program begins between 12 and 18 months of age, when each child is ready for the table food we serve, and with written

Lunch menus are changed regularly to provide more variety and to utilize fresh ingredients that are in season.

LUNCH includes a protein, a grain, a milk. Toddlers are served whole milk; Preschoolers are served 1% milk.

BREAKFAST includes 3 of the above listed components

SNACK includes 2 of the above listed components

MEAL components and portion sizes follow the USDA guidelines for each age level.

WATER is offered frequently throughout the day, especially after outdoor playtime.



ORGANIC AND NATURAL INGREDIENTS



Our farming and local food vendor products, and produce ethically to provide us with healthy choices



and tree nut-free.





We serve a wide variety of healthy, natural, and certified



never canned.



Dozen is purchased organic, as these items test high in pesticide residues.



All pasture raised eggs are delivered fresh weekly from a local dairy.



products are natural, raised without hormones or





We are Farm to Childcare certified because co-ops, and we annually sponsor local farmers markets.



from 100% certified organic fruits and vegetables.



CLEAN FIFTEEN

These foods are generally safe as they test low in contamination.















www.ewg.org/foodnews/clean-fifteen.php

DIRTY DOZEN

These foods are purchased organic to reduce children's exposure to pesticide residues.

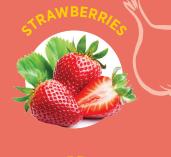
















www.ewg.org/foodnews/dirty-dozen.php